



THE MESSENGER

February 2018, Volume 8 Number 9

All Saints' Church 51 Concord Street, Peterborough, NH 03458

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Our Mission (What we do)

Our mission is to help people grow in their faith and trust in God by helping them recognize their God-given talents and to use them to serve God and their neighbor.

Our Vision (Where we are going)

Our vision is to be a community in which God's love is experienced and shared.

Dear Parishioners,

I have just discovered the writings of Aelred of Rievaulx, a 12th century abbot who led a community of brothers and monks in northern England by trusting in friendships, as an expression of God's love and as a path to experiencing God's love. Aelred challenged the erroneous practice of praying within austere seclusion, burdened by harsh penitence and remorseful shame. A soul-shepherd, Aelred led by knowing each member of his community intimately because he believed we are called to live and love as friends of God who are bound by the gifts of sweetness. He opened up his community to the sun (Son):

"It is no small consolation in this life to have someone in whom you can unite with in an intimate affection and the embrace of a holy love; someone in whom your spirit can rest; to whom you can pour out your soul, and after soothing songs, you can fly in sorrow; a person who can shed tears with you in your worries, who rejoices with you in delight, and who wonders with you in doubt, who searches with you the answers to your worldly setbacks with the ties of charity that can lead to the depths of your own heart, into that inner room of your soul, in the sleep of peace away from the noise of the world, in the embrace of love, in the kiss of unity, with the Holy Spirit flowing over you; to whom you so join and unite yourself that you mix soul with soul."

Friendships are spiritual kisses, like medicine, which heal the sin-sick soul. Kisses, as a community of faith, we are sharing with each other and with our neighbors. I see it every day! It's what makes us a church family: collecting warm clothes for those who are unhoused; making pastoral visits to the homebound with a newly knit prayer shawl; gathering friends after church to hear of loss and sadness; sending a text that appears on a phone, full of love and consolation; writing an email asking for courage to make a new move in a new community and start a new life; practicing anthems late into the night for our worship service; donning on masks and gloves to clean debris after a flood; creating budgets, planning fund raisers for our children in Juarez; fixing dinner meals for our neighbors, providing snacks for our school kids, opening up our safe places for AA; and studying Scripture and theology as a way to discover our ministry. All these activities and more open the door to intimate sharing, helping us peel back our protections and defenses so that we can see each other more clearly and be known as the child of God we are.

"Here we are, you and I, and I hope that Christ makes a third with us. No one can interrupt us now. So come now, dearest friend, reveal your heart and speak your mind" (*Spiritual Friendship*).

We are so blessed to know each other as friends.

Blessings,

Jamie+

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Words Matter

Let the words of my mouth and the meditation of my heart be always acceptable to you, O Lord, my rock and my Redeemer.

How many times have we heard this familiar verse from Psalm 19 at the beginning of a sermon? I have spent much time in the past few months, and particularly over the last few weeks, thinking and praying about the words that swirl around us. I despair to find so many of them filled are with negativity, fear, and even cruelty.

More often than I would care to admit, my words, mostly spoken among those in agreement with my worldview, can be unkind, at best. Verbal and written criticism directed toward others is certainly tempting, and often helps me temporarily feel a little less impotent, especially in the face of blatant acts of injustice, discrimination and racism. There are many reasons to examine my own words, (even when I would prefer not to), not the least of which are contained within the Scripture of our own tradition. This Lent, I am committing to prayer and meditation with one of these passages each day. I have listed a few below. If you Google "*what the bible says about words*", there are many more to consider. My aim is to become more conscious of the effect words have not only on those around me, but also their impact on my own spirit.

This is not to say that we should stay silent in the face of words and actions that serve to diminish the value, dignity and well-being of any human, or any part of God's Creation.

"By no means," as St. Paul would say. Martin Luther King, Jr. is quoted as saying, "*Our lives begin to end the day we stay silent about things that matter.*" As I write this reflection, I am preparing to attend the Women's Rally in Concord. May my words, and the actions that accompany them, be those that honor the spirit of Dr. King and remain true to the wisdom found in our scripture.

May the words of our mouths be always acceptable to you, O Lord...

Let no corrupting talk come out of your mouths, but only such as is good for building up, as it fits the occasion, that it may give grace to those who hear.

Ephesians 4:29

Be not rash with your mouth, I tell you, on the day of judgment you will have to give an account for every careless word you utter; for by your words you will be justified, and by your words you will be condemned. Matthew 12:36-37

Sandi Albom, Curate

Save the Date

Lenten Quiet Day

In you, Lord, I have taken refuge. Psalm 31: 1a

A Quiet Day will be offered on Holy Saturday, March 31, beginning after the morning service in the crypt. Take time for rest and reflection as we spend time *in the wait* with our Lord Jesus. Our focus will be on prayer and reflection within the ancient tradition of the Stations of the Cross. A simple lunch will be served and our time together will conclude at 1 PM. Contact Sandi to attend revsandi@allsaintsnh.org, or 603-303-2435

A Letter from the Senior Warden

Dear Parishioners,

As we transition from one year to the next, we lead off with our late January Annual Meeting. As we look ahead to 2018, it is useful to recall just how busy and productive 2017 was, led by a tireless rector, deacon, paid staff, scores of dedicated volunteers leading our ministries, and an extremely thoughtful, deliberate vestry.

At the top of the list, and arguably the most visible, is the progress made on the lot to the south of Reynolds Hall. We subdivided the lot, taking down the larger of the two buildings, and selling the smaller of the two buildings to a local woman who works only a few blocks away. Special thanks to Andy Peterson, who guided us through this long and arduous process through his expertise and patience. Each of the steps involved in this transformation has required extensive discussion internally (by both staff and Vestry), and numerous meetings with town officials, boards and other stakeholders.

Your vestry is confident that the decisions made, and the actions taken, have been the right ones to kick off our second century, and the result of open and transparent deliberations, including input from many members of the congregation. Special thanks to John Catlin, who's spent hundreds of volunteer hours guiding us through the various processes and zoning requirements, not to mention the architectural expertise he has donated to All Saints', supported by an excellent Buildings & Grounds Committee.

As if all of that activity wouldn't be enough for almost any Vestry, we've continued to make progress in a number of other areas. Our financial processes and reporting continue to improve. Our new staff members are doing spectacular work. Our ministries are vibrant. We're well positioned to enter our centennial years.

Finally, throughout most of the past year, you've all been instrumental in guiding us through a process of determining if we had the interest in, and the capacity to succeed at, a capital campaign, a campaign to kick off our second century in a way similar to the way All Saints' started 100 years ago. As we gather for our annual meeting, you should be aware that, based on input from the entire congregation, your vestry recently voted to proceed with a capital campaign, which will launch sometime this Spring, and continue for several months. We have engaged the Episcopal Church Foundation (ECF) to guide us through the actual campaign, building on the support they provided during the discernment of the past several months. ECF has extensive experience and success with similar campaigns all over the country, including several in New Hampshire. The vestry believes that ECF expertise is essential to a successful campaign, and we look forward to working with them as they train dozens of us to perform all the tasks involved.

While our capital campaign will—we hope—help with some of the costs associated with our purchase and improvement of the former River Center property (including retiring debt), the campaign is not just about buildings and grounds. We have all ministries in mind, and are building a final "case for support" document that will reflect that. There are still details to finalize, including a final schedule and a final target goal. We will keep you informed.

Thanks for your continuing interest in, and support of, this amazing place we call All Saints'.

Phil Suter, Senior Warden



The Blessing Way

(Ed. Note: This article was first published in The Messenger in February 2015 and remains a beautiful and timely explanation of the All Saints' Healing Prayer Ministry. Members of the ministry will meet in the Old Parish House on Sunday, March 11 after the 10 AM services and welcome all who are interested in joining or learning more about this ministry.)

There is nothing quite like the powerful experience of being fully present for another person. This is what the Healing Prayer Ministry is all about. Two of us stand in the Lady Chapel after Communion at the 10 AM Sunday service, ready for your petitions. Many have walked over to let us share their concerns and give them up to God.

I am so grateful to be a part of this ministry. At the beginning, I had my doubts. Was I "laying on hands?" Did I need to be some kind of "Holy-roller" faith healer? Was it something All Saints would be comfortable with? Then I learned that "healing" is different from "curing." Our prayers may not always cure all our ailments, but our prayers can heal us and bring us closer to God. Many years ago, I read a story about a Navajo healing ceremony called the "Blessing Way." In a sweat lodge, a person is sung and prayed over, incense is burned and healing pictures are drawn in the sand. The purpose of this ceremony is not necessarily to cure the illness, but to bring the person back to harmony, and prepared to face the future. I think the Healing Prayer Ministry is our own "Blessing Way."

You might wonder what it is like to come for healing prayer. A person usually comes with concerns for themselves, or for a family member or friend. We ask for the name of the person and some understanding of the situation. Then we might begin with a prayer expressing gratitude for the person. In our own words, we would ask God to hold this person close and surround him or her with love. We might ask to keep the person safe and free from fear, asking it for Jesus' sake. We always work with a partner in order to be in compliance with our safe church training. We have a policy of strict confidentiality, and we do not follow up, or afterward mention what has happened during healing prayer. If concerns arise regarding a possible dangerous situation, we take that concern to Jamie, our Rector. She would determine what the next step should be.

I have come for healing prayer myself on many occasions. It brought comfort when my mother was suffering from Alzheimer's, and later when grieving for her death. I have asked for prayers for a close friend whose husband died by his own hand, and for a friend's son, uncertain about becoming a father. I have asked for prayers when I was filled with the joy of a new relationship, and needed to keep my balance. Without fail, I have always felt strengthened and supported by healing prayer, and grateful for others who have articulated and presented my petition to God. It has brought me to tears.

I am astounded by the power and immediacy that comes when offering up healing prayer for others. The situation demands that we be present in the moment, and open to the Holy Spirit. We try to pay attention, confident that the necessary words will be there. Then we offer the prayer, and let it go, trusting that we have done our part, and the rest is up to God. I hope that someday, if and when you feel troubled for yourself or for a loved one, that you will take that small step over to the Lady Chapel. We will be waiting there for you. It is our great privilege to wait and be ready.

Laura Campbell

February Saints' Days

2/02 Isabelle Caruthers
2/04 Sue Piscopo
2/12 Gail Anthony
Gerry Halgrimson
2/13 Steve Fowle
Cindy Naudascher
David Simpson
2/15 Anne Marie Warren

2/16 Nancy Ripley
2/17 Deb DeCicco
2/18 Diane Callahan
2/19 Carl Wagner IV
2/20 Tony Anthony
2/22 Michael Heddy
2/24 Elizabeth Smith
2/27 Louise Bryant

The Pouponniere



It was a beautiful, sunny, warm morning when I landed in Dakar, Senegal, West Africa on January 3.

I hadn't been here since October and I was looking forward to seeing how much the babies had grown.

One of the perks of my job as a flight attendant is to look for unique and interesting things to do while on my layovers.

I heard about the *Pouponniere* (nursery) four years ago. It is a home for babies whose mothers have died during delivery and it is run by a group of Franciscan nuns.

Between my limited French and the nuns limited English, we communicate quite well.

As I walk down the hall to the babies' large playroom (there are about 20 babies,) I feel my excitement increasing as I see Osman, Fatou, Oliver and Hawa. oh dear, they look happy and healthy...but it's when they recognize me and come running over that my soul starts to sing.

It's amazing how one can spread the word simply by looking into babies' eyes and giving them big smiles and hugs!

Paige Spaulding

Alma's Poem

*"Little children, let us love not in word or speech
But in truth and action" 1 John vs. 18*

There comes a time I need to know more
That's what the bible is for
In my reading this week
I found what all Christians seek
Let's all do our part
To show the love in our heart
By so doing, we'll spread the word
To those who haven't heard

Love, *Alma*

Passing Thoughts

What is a life?
A progression of days?
Our work, our home
What we do and say?

Or is that which lives on
And is most real
Not what is said and done
But how we made others feel?

With a radiance beyond
That we dimly perceive
Your soul to us was lent
I have come to believe

It bids us to listen well
To one another while we're here
And to love that in living
We may hold each other dear

Andy Peterson

Lenten Offerings

We are providing many opportunities for us to come together during Lent to pray, think, read and reflect, both within community of small groups and/or on one's own.

Starting Tuesday, February 13 from 6:30-7:30 PM in the Parlor of the Old Parish Hall, we will begin a six-week offering of **prayer and reflection every Tuesday evening** during Lent (the last meeting will be March 20) on the person of Jesus, his mission and his message as presented in the writings of John. These lessons are designed by the Society of Saint John the Evangelist (SSJE) and the Center for the Ministry of Teaching at Virginia Theological Seminary. Nina Pollock, Sandi Albom and Jamie Hamilton will share in the leadership of these meetings. A journal book will be provided free of cost.

Every morning, Monday-Friday at 7:30 AM in the Lady Chapel, we will hold **Morning Prayer**. Our first day of Morning Prayer will begin the day after Ash Wednesday, Thursday, February 15 and will run through Wednesday, March 28. Ann Lammers and Petra Longman will be organizing those who would like to lead Morning Prayer. If you are interested in being a leader, please call the church office.

The Reconciliation Commission of our Diocese (Jamie is a member) is partnering with the Black Heritage Trail of New Hampshire to create a **daily Lenten study** celebrating a Black people's history of resilience, versatility and courage. Linked through our church website, there will be a daily story throughout the 40 days of Lent about slavery, anti-abolitionists' activities, and auction sites, all in New Hampshire, coupled with Lenten prayers. Do you know the story of Ona Judge, George and Martha Washington's runaway slave who escaped to New Hampshire? There are so many discoveries to be made, especially how our northern economy thrived upon the unpaid labor of enslaved African captives.

Quiet Day Retreat, Saturday, March 31, from 9:30 AM (after our service in the Crypt) to noon with a simple lunch following.

Parishioner Profile

A Bakery Grown on Will, Faith, and Love

"Moments in Time" column by Marilyn Weir

Reprinted with permission of the Monadnock Shopper News

When Corey Field opened her bakery on April 12, 1986, she was following her heart and passion. A woman of deep Christian faith, she gave it the name Mustard Seed Bakery after the parable in Matthew 13:31-32 in the New Testament.

The side porch of her and her husband's circa 1838 home in Chester, VT was just right for the home-based business she started. Conveniently located on Main Street, the house had a side porch with its own entrance. Corey set up the porch to give it a homey country feel with doily- and fabric-lined baskets for muffins and cookies.

Corey believes that "God puts gifts in us" and her gift was baking. "God gave me the ability to bake and be an entrepreneur," said Corey. She was raised by her grandparents in Manhattan and learned baking from her grandmother. The neighborhood they lived in was a bit tough so her grandmother wouldn't let her play outside after school. Being a creative spirit, Corey would imagine herself as a shopkeeper running a grocery store and, of course, spend time baking with her grandmother.

When Corey was 16, her grandmother died and Corey was on her own. Being strong in will and spirit, she learned how to be self-sufficient. She moved to Vermont near where her grandmother

was buried, eventually marrying and settling in Bennington. Then the Fields decided to move to Chester in the house where Corey started her bakery business.

Corey offered a variety of baked goods but the most special items were the tea breads, especially the "Famous Lemon Tea Bread." From a flyer about the bakery, "This bread was baked from a family recipe, handed down from grandmother to daughters, for many years. In addition to the ingredients on its label, the Lemon Tea Bread has a secret ingredient that only its bakers know."

Most of the customers came from out of town — seasonal residents, second-homeowners, and skiers up to enjoy nearby Okemo Mountain Resort. "A lot of people, especially if they're up for the weekend, don't want to be baking, and of course, there's a difference when you buy something that's right out of the oven that's homemade," said Corey. There was a guest book to sign. Visitors who crossed the threshold came from nearby states, plus Texas, Louisiana, Colorado, California, and Canada, Germany, Scotland, Mexico, England, and one who "used to live next door."

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A sample of comments written were "came from I91 on way from VT to CT just to get some of your goodies!"; "from Conn. — back to visit you again!"; "We helped

ourselves. Thank you for the yummy muffins"; and a woman from Italy wrote "God bless you!"

One of her regulars was a courier from Turners Falls, MA who every day between 5 and 5:30 p.m. passed by on his route to purchase a Blissful Blueberry Muffin, always made from fresh, local berries. Corey liked to give her products names that reflected her joyful Christian faith. She sold Blissful Blueberry Pie, Heavenly Apple Pie, Praise Peanut Butter Cookies, and Angel Chocolate Chip Cookies, the latter a recipe she inherited from her grandmother. The bakery also offered lemon coconut squares and a variety of other delectables.

Typically Corey was up at 3 a.m. to start baking every day except Wednesdays when the shop was closed. The kitchen where she did most of the baking had a window that looked out onto the porch so Corey could keep an eye on the shop. A little bell on the porch door signaled when a customer walked in. She worked from a philosophy of "See it big and keep it simple. I read it in a Christian book. It's not my original thought," she shared. "But, you know, it's very hard to do that." She used a metal candy tin as a cashbox and notepad and pen to record her sales.

When she needed to leave the shop to run a quick errand, she'd leave a sign by the cashbox that said, "I'll be right back. Help yourself." She

believed in the honor system. "I was only robbed once," she recalled. On that day she had walked over to the post office, which was near the shop. On her way back she passed a woman whose arms were full of baked goods. Back in the bakery, Corey saw baskets empty. She realized that the woman had taken the "Help yourself" sign literally. Corey went outside and when the woman saw her, she quickly got in a car and drove away.

In January 2000 Corey closed the bakery. In August of that year she and her husband moved to Walpole, NH into a house with more land for a garden and a shorter work commute for Alfred. Corey began getting phone calls from her bakery customers with requests for the tea breads they loved so she decided to bake "Just Tea Breads." She made arrangements with Dublin (NH) General Store, Twin Elm Farms in Peterborough, NH and the Hancock (NH) market. Corey would bake the breads on Saturday to deliver on Sunday when she went to church in Peterborough. She also baked the breads for Allen Brothers in Westminster, VT, and Inn at Valley Farms in Walpole, NH. In 2000 Grafton Village Apple Company requested Corey's tea breads for their Christmas catalog.

Corey continued the tea bread business baking and delivering and mailing orders for several years. Not one to remain idle she started another small business called Joyful Treasures, buying and selling collectibles.

Reflecting on her bakery years, Corey shared, "I just decided that no matter what happened with this business, I was going to do the very best I could do, give the rest to the Lord, the praying and all that, and I was going to keep doing something I loved."

Marilyn Weir

ASH WEDNESDAY AND VALENTINES DAY BOTH FALL ON FEBRUARY 14TH?
A WIN/WIN FOR THE GREETING CARD INDUSTRY!



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Help Centro Victoria in Juarez and Have Fun, Too!

Coming Soon

Mark your calendars for two events to benefit the children of Centro Victoria!

On a Saturday in mid-March (exact date to follow), come to Margarita's in Keene and have a great dinner while helping Centro Victoria. Margarita's will donate 20% of profits to *Fe y Esperanza*, the charitable organization established for Centro Victoria. Watch for flyers and dates.

On Sunday, May 6, we will present "Tacos and Tales" at Bass Hall in the Monadnock Center for History and Culture on Grove Street in Peterborough. Food will be donated by Mi Jalisco and music will be by Off the Cuff. Details will follow.

The Pastoral Care Ministry

Members of the Pastoral Care Ministry are always available to help parishioners *in the ways they need help*. Some of the things team members do are:

- ❖ Assist families with receptions after funerals
- ❖ Visit the homebound, either as a purely social call or as a Lay Eucharistic Visit (bringing Holy Communion)
- ❖ Prepare and deliver meals
- ❖ Send cards when a member of the church is ill
- ❖ Provide rides to church events such as Evensong and Sunday services
- ❖ Assist with transportation to appointments

Anyone who has a need or knows of someone who could use the services of the Pastoral Care Ministry is encouraged to call the church office at 924-3202 or get in touch with Heidi Graff at heidigraffnh@gmail.com.

Blessing of the Shawls

On Mothering Sunday, March 11—the fourth Sunday in Lent—the handiwork produced by the All Saints' Knitters will be draped over the communion rail and blessed by our rector, Jamie, and all who come to receive communion during the 10 AM Eucharist. As they knit, the knitters pray for the health and well-being of those who receive these items.

The Knitters meet on the third Sunday of each month at 9 AM in Room 1 of the Old Parish House, but work on shawls, hats and other items between meetings. They maintain a stash of knitted goods in the cupboard to the right of the bookcase in the OPH parlor and also in a basket in the narthex of the church.

These hand-knit things are ready to be given to any parishioner who requests one or knows of a friend or family member who would like a physical reminder that the prayers of the All Saints' Family are always with them.

Please let our rector Jamie, our curate Sandi or Ministries Coordinator Gail Caron know if you would like a shawl or other hand-crafted item from the Knitters or if you have taken one from the cupboard or basket.

Christine Howe, for the All Saints' Knitters

View from the Bench

Mystery, Wonder, and (maybe) Understanding

Astronaut Neil Armstrong, commenting his desire to explore outer space, said, "Mystery creates wonder and wonder is the basis of man's desire to understand." To most folks, the organ, if they give it any thought at all, is truly a wonder. Most parishioners understand that I sit at the console and play, and music comes out. Most understand that there are no speakers, but that the sound of the organ is produced by wind blowing across the mouths of organ pipes. But how that happens is a mystery. For those with a desire to understand more about the organ, I'm going to take a shot at unlocking a particular aspect of that mystery.

One of the projects proposed for our upcoming capital campaign is to replace the current electro-mechanical stop and combination action in the console with a solid state digital system. First, some facts:

Stop action refers to the switching system operated by the stop tablets across the top of the console key desk that control each individual set of pipes on the organ. (Some organs have draw knobs instead).

The All Saints' organ has 29 stops. In general, each stop controls a rank or set of pipes. Each rank of pipes has a distinct sound, with one pipe electronically linked to each key on one manual (keyboard) or on the pedalboard. Each manual has 61 keys and the pedalboard has 32 pedals. (You are probably getting a feel for the math involved here). Each key is wired to each stop on its assigned manual. Without getting too technical (some stops control multiple ranks of pipes), the basic action requires 1,838 electrical connections, i.e., wires, on the All Saints' organ.

Organs typically also include stop tablets or knobs to control couplers. A coupler can make the stops on a given manual sound an octave higher, an octave lower, or not sound at unison pitch. Or a coupler can make the stops on one manual sound on a different manual or on the pedalboard at unison pitch or an octave higher or lower. The number of electrical connections (wires) has now climbed to 6,296.

In addition to stop tablets, the organ console also provides a combination action, controls to enable the organist to pre-set various stop combinations for use in a particular piece of music. (It is not uncommon for a single piece of music to require several such combinations). These can be changed as necessary. There are 12 general combination pistons controlling the entire organ, seven combination pistons controlling each of the three manual divisions to pre-set stops just for that manual, and five combination toe studs to pre-set stops in the pedal division. I cannot even contemplate calculating the number of additional electrical contacts involved with these. This electro-mechanical control system is housed inside the organ console, physically connected by electrical wires to the organ pipework in the chancel and in the gallery. (If you've never seen the fire hose running from the organ console across the baptistery and down a hole in the floor, take a look sometime – that hose contains all the wiring).

All of the contacts in the organ console are subject to wear (they are mechanical, in part), to accumulation of dirt and dust, and to corrosion from moisture. As reliable as the Austin switching system compared to organs built by other companies, after nearly 40 years, the system is experiencing a number of failures: stops sounding when not switched on, couplers not working when engaged and not turning off when disengaged. Such problems are annoying to the organist but also disruptive during worship when entire keyboards go dead or a trumpet sounds at a moment of silence.

A modern pipe organ can have a life expectancy of 50-100 years from a mechanical perspective, but like any fine machine must occasionally have parts replaced. Our Austin is an exceptional instrument, but at this stage is in need of a little mechanical rehabilitation. Replacing the electro-mechanical stop and combination action with a solid-state digital control system would, most importantly, eliminate the mechanical issues, but could provide some additional functionality as well, depending on how elaborate a system we chose to consider.

This is not a glamorous project. When complete, you won't see it. It won't change how the organ sounds. But it is a sound investment and will ensure the musical reliability of the instrument for decades to come. All Saints' has one of, if not the finest church organ in the Monadnock region. To replace it at today's cost would be in the neighborhood of \$450,000-\$500,000, so well-worth securing its long and happy future. Please feel free to stop by the console and ask any questions that may help unlock the mystery of the King of Instruments.

Jeffrey L. Fuller, Organist and Choirmaster



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Editor's Note

In her opening letter, Jamie writes "friendships are spiritual kisses, like medicine, which heal the sin-sick soul." Isn't that a perfectly lovely idea? All Saints' friends are very special: because we worship, confess, receive absolution and commune together, we know we are connected in extraordinary ways. Recently a very dear friend of mine sang with us for *Lessons and Carols* and then decided to join the regular choir. Marcia and I have known each other since we both attended All Saints', Wolfeboro, during the 1980's, and it is a profound joy to welcome her to All Saints', Peterborough.

Sandi writes about words: words matter. She asks us to look at the way we use words and suggests some bible verses that we can reflect upon. Lent is coming (Ash Wednesday is February 14) and All Saints' will mark the season with many special activities. There will be a Tuesday evening group meeting and reflecting on St. John's gospel, weekday morning prayer at 7:30 in the Lady Chapel, a daily Lenten study opportunity and a Quiet Day here on March 31.

Our Senior Warden, Phil, reviews what's been going on here during the past year and lets us know what we can look forward to.

We are republishing an article Laura wrote three years ago about the Healing Prayer Ministry because it is an excellent explanation of how Healing Prayer helps both the Prayer Team and the parishioners who choose to come for prayers during the Communion service.

Marilyn wrote a fascinating article about one of our parishioners, who comes to All Saints' from Walpole each Sunday, for *The Monadnock Shopper News*, and it is reprinted here with permission. You will love learning more about dear Corey.

Paige tells us about her visit to the "Pouponniere," a home for motherless babies in Senegal, Patty lets us know of fun ways to help Centro Victoria, Heidi explains the services of the Pastoral Care Ministry, Prayer Shawls are offered, and Jeff explains some of the mysterious workings of our fabulous Austin organ.

The deadline for the March issue of *The Messenger* is February 21. The theme will be "Keeping a Holy Lent." Please send your contributions and comments to me at chow6569@gmail.com.

With much gratitude and great joy,

Christine